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Science on the Importance and Power of Love

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Abstract- We are a material body and what we see as aura. I measured the field of the aura for almost 40 years and I found it to be weak nonlinear electromagnetic field (NEMF). I also found it to be emotionally sensitive - when we experience positive emotions and we say we are in high spirit our aura shines brighter, when we experience negative emotions and we say we are in low spirit our aura is dimmer. This made me believe that the aura we see is our Spirit. Thus, we are material body and Spirit seen as aura. While the material body craves food, the emotional Spirit craves Love. Science found that meditation on Love increases the harmonious vibrations in the EEG of human brain and in the ECG of human heart. Harmony is felt as happiness and humans crave Love because Love makes them happy. Love is the universal attractor, which the emotional Spirits of all living beings crave. Not only humans, all animals crave love vibrations and so do plants. The people that didn't feel loved when growing up are the ones that are angry and cruel. The article also discusses the necessity Love to become not only indelible part of our upraising, but also indelible part of our education.

Keywords: science about love; love and harmony; harmony and happiness; love and upraising; love and education.

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Science on the Importance and Power of Love

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Abstract- We are a material body and what we see as aura. I measured the field of the aura for almost 40 years and I found it to be weak nonlinear electromagnetic field (NEMF). I also found it to be emotionally sensitive - when we experience positive emotions and we say we are in high spirit our aura shines brighter, when we experience negative emotions and we say we are in low spirit our aura is dimmer. This made me believe that the aura we see is our Spirit. Thus, we are material body and Spirit seen as aura. While the material body craves food, the emotional Spirit craves Love. Science found that meditation on Love increases the harmonious vibrations in the EEG of human brain and in the ECG of human heart. Harmony is felt as happiness and humans crave Love because Love makes them happy. Love is the universal attractor, which the emotional Spirits of all living beings crave. Not only humans, all animals crave love vibrations and so do plants. The people that didn't feel loved when growing up are the ones that are angry and cruel. The article also discusses the necessity Love to become not only indelible part of our upraising, but also indelible part of our education.

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I. We Are a Material Body and Emotional Spirit and while the Body Craves Food, the Spirit Craves Love

Black Holes of dark anti-matter create the material world and the NEMF that separates the anti-matter from the matter gets imprinted on all material creations [1]. For that reason, the whole material world is material bodies and light NEMFs. All living beings (humans, animals, and plants) have another NEMF magnetically attracted to the NEMF of their material body. These second NEMFs (specific only for living beings) we see as auras ('orr' means 'light' in Hebrew) and since they are emotional [2], we call them Spirits. Thus, animals and plants are also emotional at a different level [3]. Since the Creator created everything in His image and our Spirits, seen as auras, are holographic templates of the hologram of the Creator - the Creator must be Light as our Spirits seen as aura are.

The Universe was created in perfect order and moved in perfect harmony. Since the Heart Math Institute in California found that meditation on Love increases the harmonic vibrations of the heart and brain [4], Love means Harmony [4] and if so a Universe in perfect harmony could be created only with Love. Therefore, the Creator must be Light woven with Love and all the people, who had been in a state of clinical death and came back, describe Him as Light woven with Love [5].

Thus, we are material bodies and light Spirits (NEMFs seen as auras). While our material bodies need food to exist, our light emotional NEMFs, called Spirits, need Love. That is why we spend the whole our lives looking for somebody to Love us, i.e. looking for a love partner. But why spend the whole your life looking for somebody to love you? Why not start loving everybody and everything around you right now? If we Love, our Spirit (NEMF) will be more harmonious. Since harmony is perceived as happiness, Love by bringing harmony to our Spirits will makes us feel happy and by bringing harmony to our material body will make us healthy.

II. Why do the Body and the Spirit have Seven Energy Levels?

Since Black Holes of anti-matter with hyperbolic shape give birth of the material world and only heptagons tile into a hyperbolic shape [6], the material bodies have seven discrete energy levels and so does the light NEMF, called Spirit. (Between each two energy levels there are seven sublevels). Of the seven possible major levels of the Spirit, five can be accomplished on Earth (8^{th}, 9^{th}, 10^{th}, 11^{th}, and 12^{th}), and the last two are accomplished in the Spiritual Realm in groups of Spirits. This makes the 12^{th} Spiritual Level the highest possible Spiritual Level on Earth. The five energy levels of the Spirits on Earth can be photographed in high frequency electric field, which multiply the photons [7].

When this 12^{th} Spiritual level is reached, the person has learned to control his emotions, which comes with the Spirit, and control (or reduce to zero) his ego, which comes from the instincts of survival of the material body [8]. Then the Spirit does not need to come to planet Earth any more because he has learned everything he could learn on Earth. However, Spirits with level higher than 12^{th} can volunteer to come to Earth to help the Earth people to spiritually grow, usually during transition periods. Such Spirits are called transcendental and Jesus was such Transcendental Spirit.

Jesus came to the planet Earth to teach us to Love one another, to Love our neighbors, and even to Love our enemies. He also taught us to forgive and help others because Loving, forgiving, and helping others, are the ways to spiritually grow [5]. Love is a powerful tool. Meditation on Love of hundreds of people in

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Atlanta during Yoga convention reduced the crime rate in Atlanta to zero [9].

III. Love, Behavior, and Education

Speaking about what meditation on Love can do, reminded me a conversation with Michael Geraskov, about the importance of Love in our life. He was Director of School for Juvenile Offenders for 25 years in Bulgaria. He said: "I want you to remember one thing from me – there are no bad children, there are only bad parents. Intimal conversations with all my students made me believe that they all (without exception) felt not loved and that is why they went the wrong way (becoming juvenile offenders)."

We are meant to Love one another. Since all living beings are symbiosis of material bodies and light NEMFs called Spirits, and the Spirits crave Love, the Spirits of all humans, animals, and plants would crave Love vibrations and would be positively influenced by Love vibrations. I have a poem that plants need not only food and water to grow; they need love to grow and do well [10].

My son attended experimental school with subconscious learning in Sofia, Bulgaria. It was experimental school of the Institute of Sugestopedia. All teachers were specially chosen to love their job and love the children they teach. They were also specially trained at the institute to meditate and well advised to meditate on Love every day and this made big difference. When the teaching is done with Love, there is no barrier between the teacher and the students and the knowledge freely flow.

My son broke his hand at the wrist when falling on ice in the winter. I gave him an herb to stimulate the regrowth and the wrist healed in three days. The doctor said he could go back to school (not to miss school), but if he would fall, since the place of regrowth was only cartilage, it would brake again. I took my son to school and explained to the teacher what the doctor said. When I went to the school to pick my son, the way the teacher handled this brought tears in my eyes.

One student helped my son to dress, while another student was caring his school bag. When they went out of the classroom, in the corridor a group of students formed an arch around my son to protect him from students from other classes, who could accidentally bump on him or push him. It was a tender care that brought tears in my eyes. It was a loving tender care for my injured son. The teachers loved the students and they were teaching the students to love one another, help one another, and protect one another. That is the way it should be, but it is not this way in our ordinary schools.

What we usually do is: when a student is cruel and beating others, he is punished, which makes him even angrier against everything and everybody in the world. Nobody cares to see why he is the way he is. Most probably he feels not loved. Nobody cares to show love and tenderness to him and to try to pull him from the angry side to the loving side. The massive shooting at public places in the US in recent time speaks of angry people. We handle them in the same way – we punish them, which makes them angrier. Nobody cares to show love and tenderness to them and to try to pull them from the angry side to the loving side. Mr. Geraskov used to say: "Always remember that the people that don't deserve Love, need Love most."

Nobody thinks that if the whole crowd starts sending love to a shooting man, he will stop shooting. Let me illustrate this with an example. MIT was investigating a group of people, who have been in a state of clinical death and came back as more spiritual people. Since CIA got information that terrorists compiled atomic bomb and one of them was ready to use it, MIT asked the spiritual group to mediate on Love and send Love to the person having the bomb. The bomb was never used. The person explained: "I don't know what happened – I just couldn't do it." So, when somebody shoots, instead of being paralyzed by fear, if the whole crowd starts sending Love to the shooter, they can make him stop shooting, just like the meditation of Love stop the terrorist from using the atomic bomb and the meditation on Love of a few hundred Yogi in Atlanta decreased the crime rate in Atlanta to zero.

IV. Love is What the Emotional Spirits (NEMFs) of all Living Beings Crave

Just like the humans, the domestic animals, which feel not loved and were mistreated, become angry to the whole world, but if adopted in a good loving family they could change. Love is a miraculous universal remedy, but we so rarely use it. In the past, I had a sister, who was a very loving person - dogs and cats always chose to lie next to her legs. It was clear to me that the love vibrations in her aura were attracting them. They wanted to bathe in the Love vibrations of her aura, the harmony of which was making them feel happier and made them healthier.

My mother used to say that the insects bite me so much because I am "O" blood group (which is called 'sweet blood' because all the insects love. However, there were a lot of insects around my sister, who was "A" blood group. She was a very loving person and I was thinking that probably the insects were attracted to the vibrations of Love in her aura (the NEMF called Spirit). She told me that fish also seem to be attracted to her. This increased my belief that the Love vibrations of her aura attracted the insects as well as the fish to her.

The attraction of animals to loving people (with Love vibrations in their aura) explains why when Jesus was in the boat with the fishermen, they were catching a lot of fish. The fish was attracted to the love vibrations in

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the aura of Jesus. Jesus was the highest possible spiritual level on Earth (the 12th) [7] and the Love vibrations in his aura was attracting fish, children, animals, and people to him. (The higher is the spiritual level of a person, the more are the Love Vibrations in his aura (NEMF)).

V. Conclusion

Everything material is a material body and light NEMF. All living beings (humans, animals, and plants) have a second NEMF, which is magnetically intertwined to the NEMF of the material body. This second NEMF is what we see as aura, and since it is emotionally sensitive [2], we call it Spirit. The substance water has its NEMF (it comes from the way the whole material world was created [1]), but the water could also be influence by our aura NEMFs. Only accepting this, we will be able to understand the experiments of Emoto in Japan. He found that meditation on Love over water makes the water crystalize in beautiful symmetric patterns. It is because the harmonic vibration of Love of our NEMF influences the water NEMF making it more harmonious, which leads to crystallization of the water in beautiful symmetric patterns.

Since our body is mostly water, meditation on Love will harmonize the structure of water in our body because love is harmony. Harmony is perceived as happiness and harmonically functioning body is healthy body. Thus, Love brings health and happiness. Opposite to this, Emoto found that anger makes the water crystalize in ugly asymmetric patterns. The human body is mostly water and if we are not liquid bullions, it is because most of the water is in capillaries in crystal form. Anger by making the water crystalize in asymmetric patterns will probably lead to tumors' formation or cause dysfunctions. Thus, negative emotions (and anger is one of them) lead to diseases, and we should do our best to avoid negative emotions. Thus, if you want to be healthy and happy avoid negative emotions and mediate on Love.

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